

## Buddhist Prayers

O Buddhas, Bodhisattvas, and  
disciples  
of the past, present, and future:  
Having remarkable qualities  
Immeasurably vast as the ocean,  
Who regard all helpless sentient  
beings  
as your only child;  
Please consider the truth of my  
anguished pleas.  
Buddha's full teachings dispel the  
pain of worldly  
existence and self-oriented peace;  
May they flourish, spreading  
prosperity and happiness through-  
out this spacious world.

*Composed by the Dalai Lama*

*[www.geocities.com/Tokyo/Dojo/1299/buddha.htm](http://www.geocities.com/Tokyo/Dojo/1299/buddha.htm)*